

CONTACT LENSES

## Rethinking Multifocal Success for Astigmatic Presbyopes

*Finding new possibilities for challenging fits with NaturalVue® Enhanced Multifocal 1 Day*

By Anthony Giannotti, OD

June 6, 2026

I've spent the past 45 years practicing optometry at Giannotti Vision Care in Scotts Valley, California. Over nearly five decades, I've built a primary care practice that serves kids in myopia management programs to presbyopes looking for better visual freedom. Contact lenses are a big part of what we do, and more than 80% of our contact lens patients are in daily disposables.

I've worked with a wide range of multifocal and toric designs over the years. Some work beautifully for certain patients. Others are less predictable. That's why I'm always looking for another tool that can help patients who may otherwise struggle with contact lenses.

What first brought VTI **NaturalVue® Enhanced Multifocal 1 Day contact lenses** onto my radar was actually a patient inquiry. Someone asked me about the lens, so I started researching it and looking into the technology. Then I discovered that Suzy Parker—someone I had known and trusted for decades from her work with CIBA Vision and Alcon—had come out of retirement to represent the company. That caught my attention. I knew it had to be good.

Parker has been one of the most knowledgeable and trustworthy representatives I've worked with, so I decided to give the lens a try.

### **NEW POSSIBILITIES FOR DIFFICULT-TO-FIT PATIENTS**

What immediately stood out to me about the NaturalVue® Enhanced Multifocal 1 Day lens was its ability to expand fitting options for patients who have traditionally been among the most difficult to fit successfully.

Presbyopic astigmats are often challenging because we're trying to balance clear distance vision, functional near vision and astigmatism correction all at once. Historically, many of these patients have had to compromise somewhere, especially in the daily disposable multifocal category.

That's where the NaturalVue® Enhanced Multifocal 1 Day lens comes in. A key clinical advantage of this spherical lens is the way the Neurofocus Optics® technology creates an extended depth of focus that can increase tolerance to residual refractive error, including mild-to-moderate astigmatism. Clinically, this has given me another option for astigmatic patients who also need multifocal correction, even though the lens itself is not toric.

That design also contributes to a simpler fitting process. Unlike traditional toric lenses, there are no orientation marks to align and no need to account for lens rotation on the eye. If the lens isn't inside out, you simply put it on.

I've had patients with up to 2.50D of astigmatism achieve vision quality that even surprised me. That said, I'm realistic that no lens is universally successful, but having this option available means I no longer have to immediately tell some patients, "There's no contact lens solution for you."

Ultimately, that's where its value shows up most—in both clinical flexibility and patient satisfaction.

### **THE "WOW" FACTOR**

Patient reactions are a particularly rewarding aspect of this fitting experience.

What I often see is patients initially describing the lenses as "feeling different," followed by a short adaptation period. As they adjust,



Photo Credit: Getty Images

they start to notice functional vision across multiple distances—seeing across the room, using their phone comfortably and performing everyday tasks more naturally. That’s when the excitement hits.

I’ve also seen this play out in patients who previously struggled with hazy, inconsistent vision in other daily disposable multifocal lenses. Many report noticeably clearer, more stable functional vision with the NaturalVue® Enhanced Multifocal 1 Day lens. Golfers are a great example—several patients have shared that they could track their ball again while still comfortably reading their scorecard.

### **PUTTING THE LENS TO THE TEST MYSELF**

I’ve even worn the lenses myself.

For more than 25 years, I wore monovision contact lenses. Traditionally, patients who do well in monovision don’t always adapt well to multifocals because their brains become accustomed to processing vision a certain way. Adding another layer of complexity, I’m also a myopic astigmat with -1.50D of cylinder in each eye.

Still, I wanted to experience the lens firsthand, and doing so has helped me better educate my patients about the adaptation process and expectations.

First came the short adjustment period. Then after around 20 minutes, I experienced a greater sense of depth perception than I had with monovision. I especially noticed the difference when hiking.

There was a noticeably fuller, more immersive three-dimensional effect that I hadn’t realized I was missing.

What impressed me most was the visual outcome. Despite my history with monovision and my astigmatism, I was able to achieve 20/15 visual acuity binocularly with the NaturalVue® Enhanced Multifocal 1 Day lens.

### **SUCCESS STARTS AND ENDS WITH PROPER FITTING**

With this lens, success strictly depends on following the fitting process exactly as intended.

VTI provided me with a comprehensive online certification and training program before I even started fitting the lens. VTI also offers a Quick Start Calculator app that has become an important part of my workflow. The app allows me to input the patient’s prescription, ocular dominance and refractive data to generate an appropriate starting lens power for each eye. It also guides the next steps to enhance either distance or near vision.

The process is structured for a reason, and in my experience, it works best when you trust the system rather than trying to reinvent it.

### **WHY THIS LENS MATTERS IN MY PRACTICE**

I carry many lens brands because I never want to be limited to fitting only what one manufacturer offers.

What the NaturalVue® Enhanced Multifocal 1 Day lens adds is another way to approach challenging fits, particularly for presbyopic patients with astigmatism. It signals that we are invested in optimizing patients’ vision and finding innovative solutions tailored to individual needs.

Ultimately, the true value of this lens shows up in patient outcomes. It gives me an opportunity to successfully fit patients who were told their options were limited or that contact lenses simply wouldn’t work for them. That shift alone makes it a valuable addition to the toolbox at Giannotti Vision Care.

Dr. Giannotti was compensated for his time preparing this article.

MKT-VTI-AP9v1

[Read more on contact lenses here.](#)

This article is sponsored by **Visioneering Technologies Inc.**



**Anthony Giannotti, OD**, is the owner of **Giannotti Vision Care** in Scotts Valley, California. He graduated from the School of Optometry at UC Berkeley in 1979, received his Therapeutic Pharmaceutical Agent Certification in 1994 and then received his Glaucoma Certification in 2011. He has been practicing in Scotts Valley for over 40 years.